### Initial Assessment of the Critical Neonate

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# Compromised Foal

# Critical 48 hours < 48 Hr old</li> 70-80% of admissions 84% survive 70% fatal cases < 48 hr old</li>



### Weak or Fading Neonate

 Immediate assessment of essential organ function
 Immediate directed supportive therapy



### Neonatal Problems

Fetal Distress - Maladaptation Prematurity/postmaturity Sepsis/Infection Trauma Anemia Congenital malformations





Neonatal Problems
Rarely one problem
Combination of problems
Varying severities
Wide array of possibilities
But predictable course



### Goals

Identify underlying problem
Identify disrupted vital organ functions
Therapeutic interventions

Support normal organ functions
Control infection

### **Initial Assessment**

Is there evidence of sepsis? Is cardiovascular support necessary? Is respiratory support required? Will enteral nutrition/fluid maintenance be possible? Is intravenous fluid therapy necessary? Is continuous rate dextrose infusion necessary? Is parenteral nutrition necessary? Will assisted thermoregulation be necessary? Control behavioral abnormalities? Level of metabolic/endocrine support needed? Will renal support be necessary? Requirements for other specific supportive care?

### **Physical Examination**

Cardiovascular examination Mucous membrane Thoracic assessment Nervous system evaluation Abdominal assessment Body condition Musculoskeletal problems

### Cardiovascular Examination

Evaluating perfusion Evaluating volemia Volemia vs hydration Dehydration rare Hypovolemia common



### Cardiovascular Examination

Assess effectiveness of perfusion Cold extremities as blood is shunted centrally Do not treat with active warming Depressed mental status Decreased borborygmi Decreased urine production Pulse assessment Pulse quality Arterial tone Arterial fill Blood Pressure Unreliable signs Dry oral membranes Capillary refill time Skin turgor





















### Thoracic assessment

### **Auscultation** Lungs Cardiac murmurs Tachypnea Pneumonia Benign Neonatal Tachypnea Central tachypnea Pain Pharyngeal collapse Fractured ribs Paradoxical respiration (wave chest) Progressive atelectasis General fatigue



### Central Nervous System

### Important parameters

- Strength
- Muscle tone
  - Hypertonus or hypotonus
- Responsiveness
  - Hyperresponsive or hyporesponsive
- Level of arousal
  - Somnolence
  - Hyperactive or hyperkinetic
- Behavior
- Respiratory patterns
  - Apneustic breathing
  - Periodic breathing
  - Ataxic breathing
  - Central patterns
- Seizures
- Abnormal vocalization

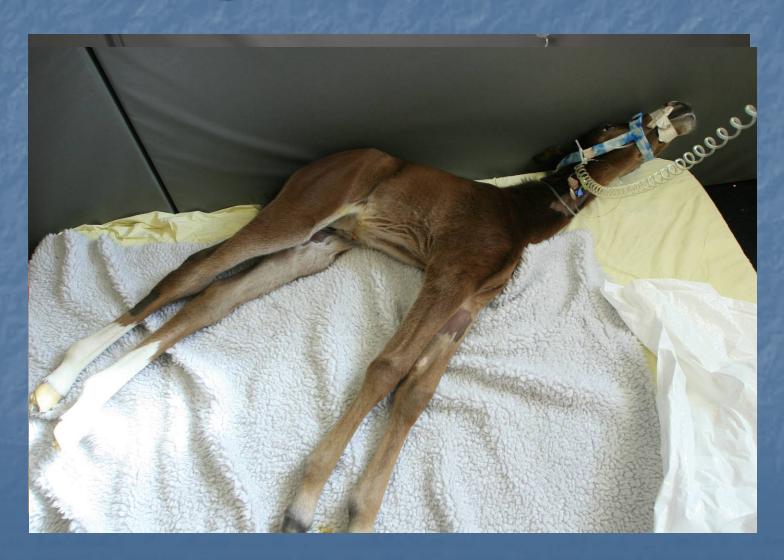


### Changes in responsiveness





### Changes in muscle tone



# Changes in muscle tone





# Changes in behavior







### Brain stem damage



## Seizure-like behavior



### Abdominal Assessment

Abdominal size Appropriate? Feces? Digital rectal Meconium staining Nose Auscultation? Palpation Ultrasound





# Abdominal Palpation

### Internal umbilical remnants

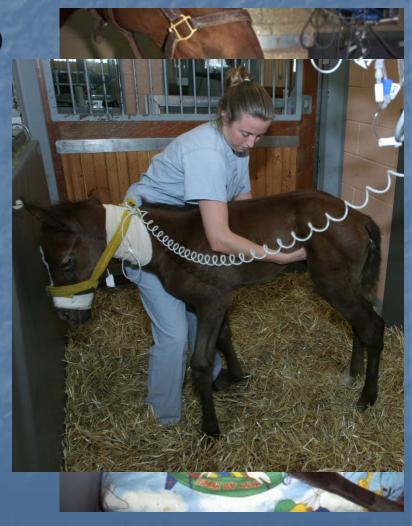
- Umbilical triad (2 arteries and urachus)
- Hemorrhage
- Omphalitis
- Urinary bladder
  - Luminal and bladder wall hematomas
  - Bladder size

### Intestines

- Retained meconium
- Thickened intestinal wall
- Pneumatosis intestinalis
- Intussusceptions

### Kidneys

- Liver Hepatomegaly
- Body wall defects
  - Inguinal or umbilical hernias
  - Other body wall defects



### **Body Condition**

Thin to emaciated
IUGR
Fetal SIRS (FIRS)
Prematurity
Post maturity





### Musculoskeletal problems

Fractured ribs Other musculoskeletal abnormalities Fractures Gastrocnemius disruption Contracture Laxity



Careful physical Detect major dysfunction Seriousness Dynamic monitoring Serial physical evaluation Laboratory analysis Stall side Serial blood glucose levels Serial lactate levels Arterial blood gas Blood electrolyte





# Therapeutic Interventions in Neonates

