

# Perinatology

Care of the mother and fetus during pregnancy, labor, delivery, and early neonatal period, particularly when the mother and/or fetus are at a high risk for complications.

# Perinatology



Perinatology in Human Medicine

Origins of Veterinary Perinatology

# High Risk Pregnancy

History of previous problems

Development of problems during current pregnancy





2901





# Perinatology

A dark brown horse is lying on a table in a clinical setting, possibly a hospital or veterinary clinic. The horse is positioned on the left side of the frame, facing right. It is surrounded by various medical equipment, including several monitors and IV stands. The room has a tiled wall and a window in the background. The overall scene suggests a medical procedure or examination involving the horse.

What is the threat to the fetus/neonate?  
How can the threat be eliminated?

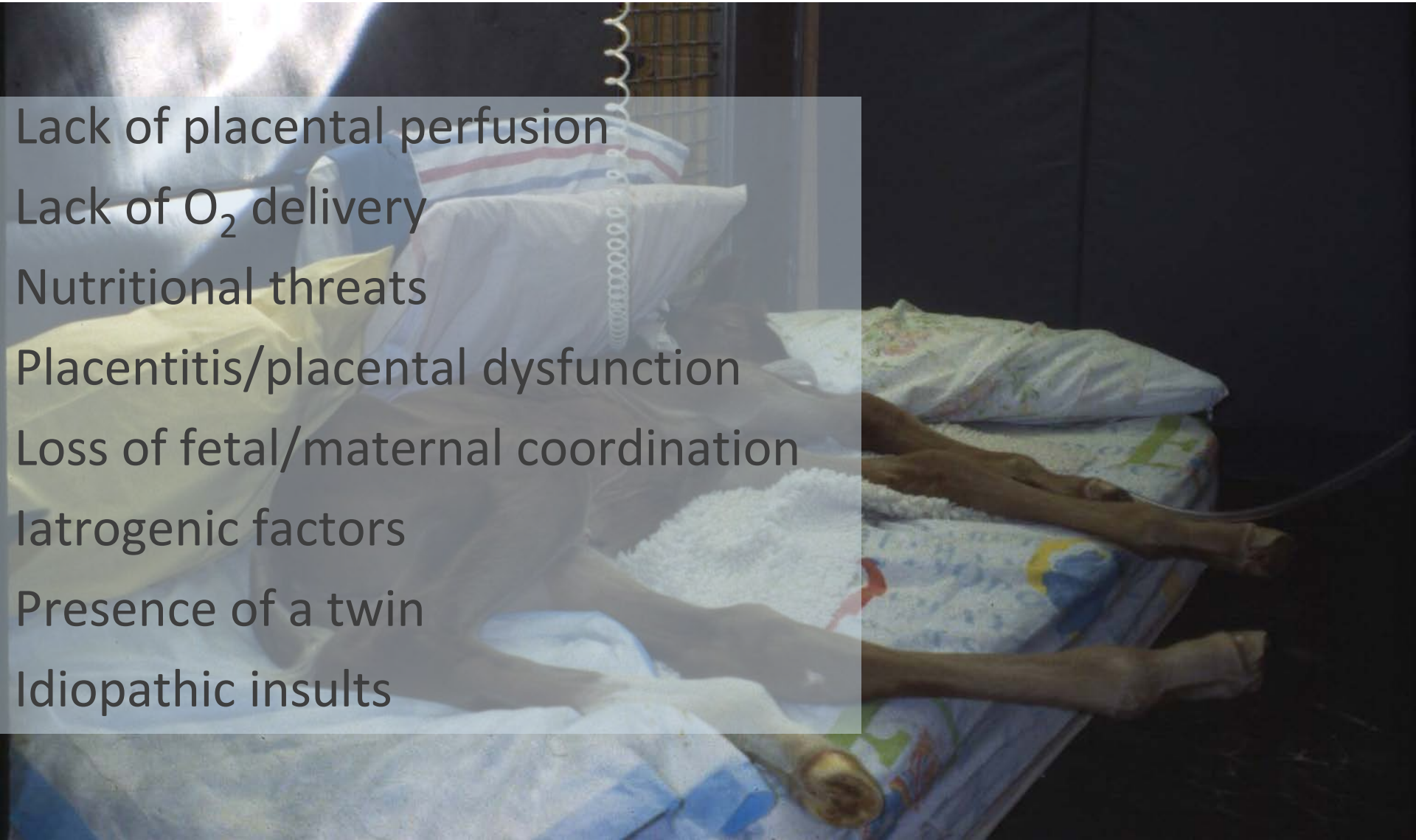
# Fetal Resuscitation

A photograph of a mare and her foal in a stable stall. The mare is standing and has a white bandage wrapped around her belly. The foal is lying on the straw bedding. The stall has a wooden wall with a window and a metal rail.

Identify the fetal problem  
Direct therapy at the  
problem's source



# High Risk Pregnancy Threats to Fetal Well-being



Lack of placental perfusion  
Lack of O<sub>2</sub> delivery  
Nutritional threats  
Placentitis/placental dysfunction  
Loss of fetal/maternal coordination  
Iatrogenic factors  
Presence of a twin  
Idiopathic insults

# Threats to Fetal Well-being

## Lack of Placental Perfusion

### Late term fetus

- High oxygen demand
- Must receive constant perfusion
- Margin of safety in late pregnancy small

### Maternal compromise

- Dehydration/Shock
- Decreased perfusion for any reason

### Placental response limited

### Compromised placental circulation

- Hypoxic ischemic insult



# Fetal Resuscitation

## Maintenance of Placental Perfusion

Aggressively treat

hypovolemia in dam

Aggressively treat

hypotension in the dam

Avoid anesthesia

in late term mares



# Threats to Fetal Well-being

## Lack of O<sub>2</sub> Delivery

### Maternal threats

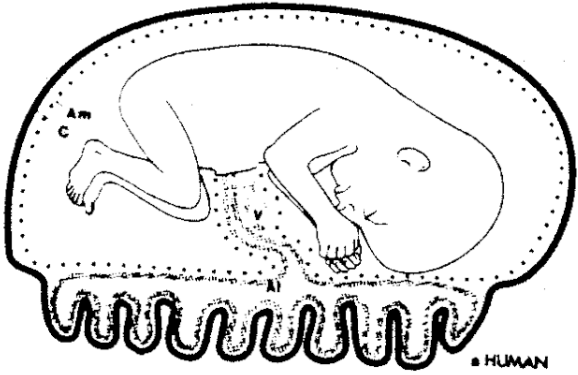
- Maternal anemia
- Maternal hypoxemia
- Decreased perfusion

### Fetal response

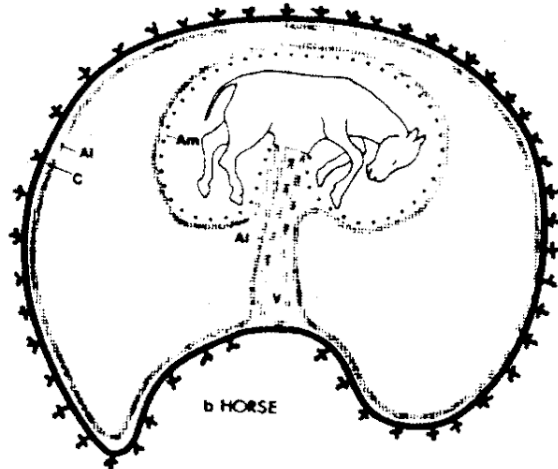
- Unique aspect of placentation
- Placental oxygen transport mechanisms



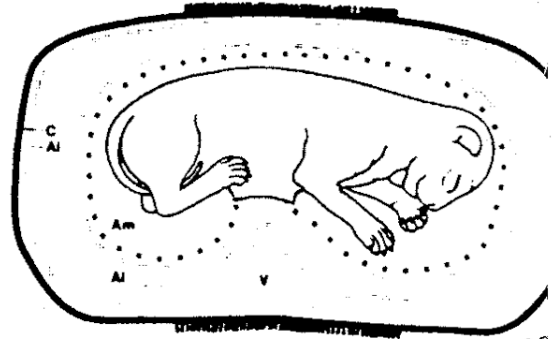
# Placentation



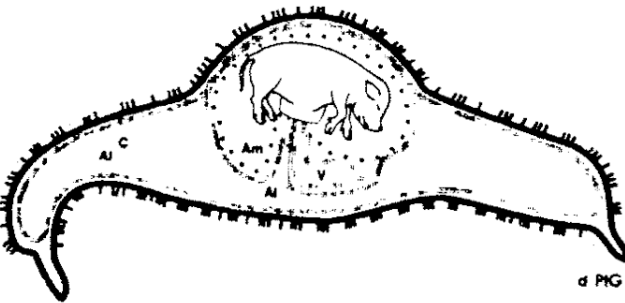
a HUMAN



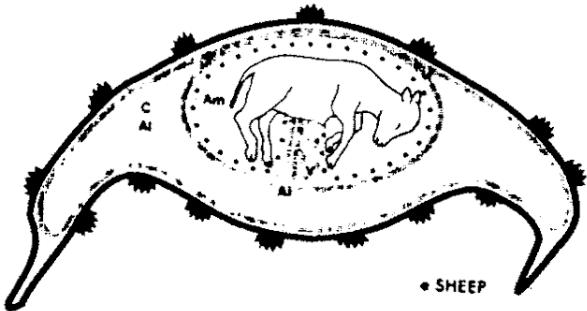
b HORSE



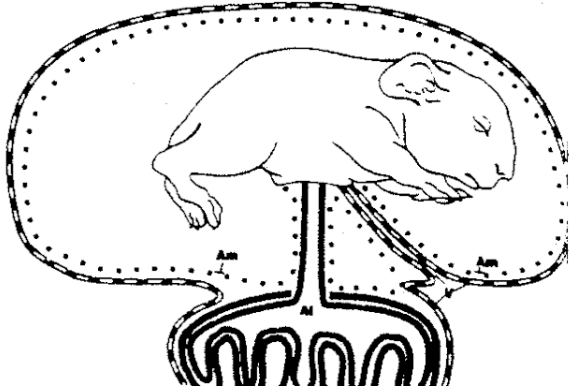
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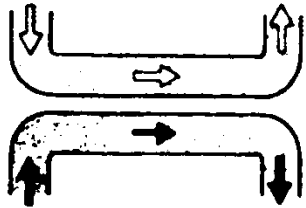
d PIG



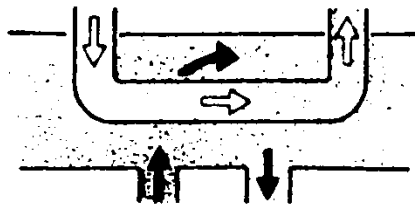
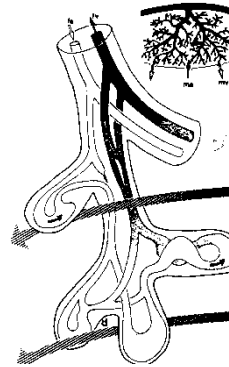
e SHEEP



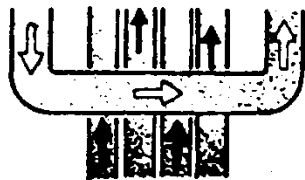
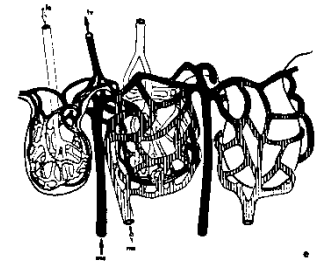
# Placental Circulation



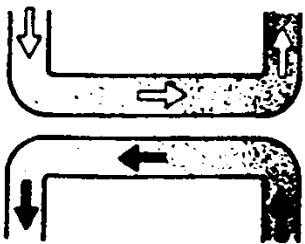
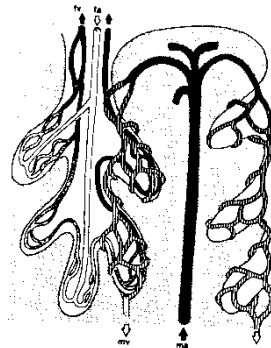
concurrent



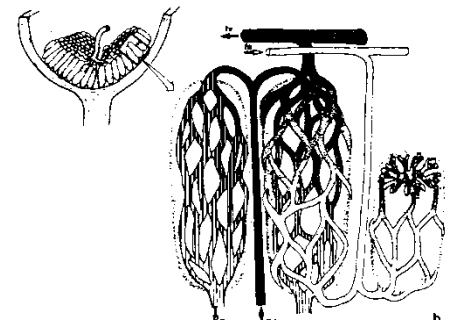
multivillous



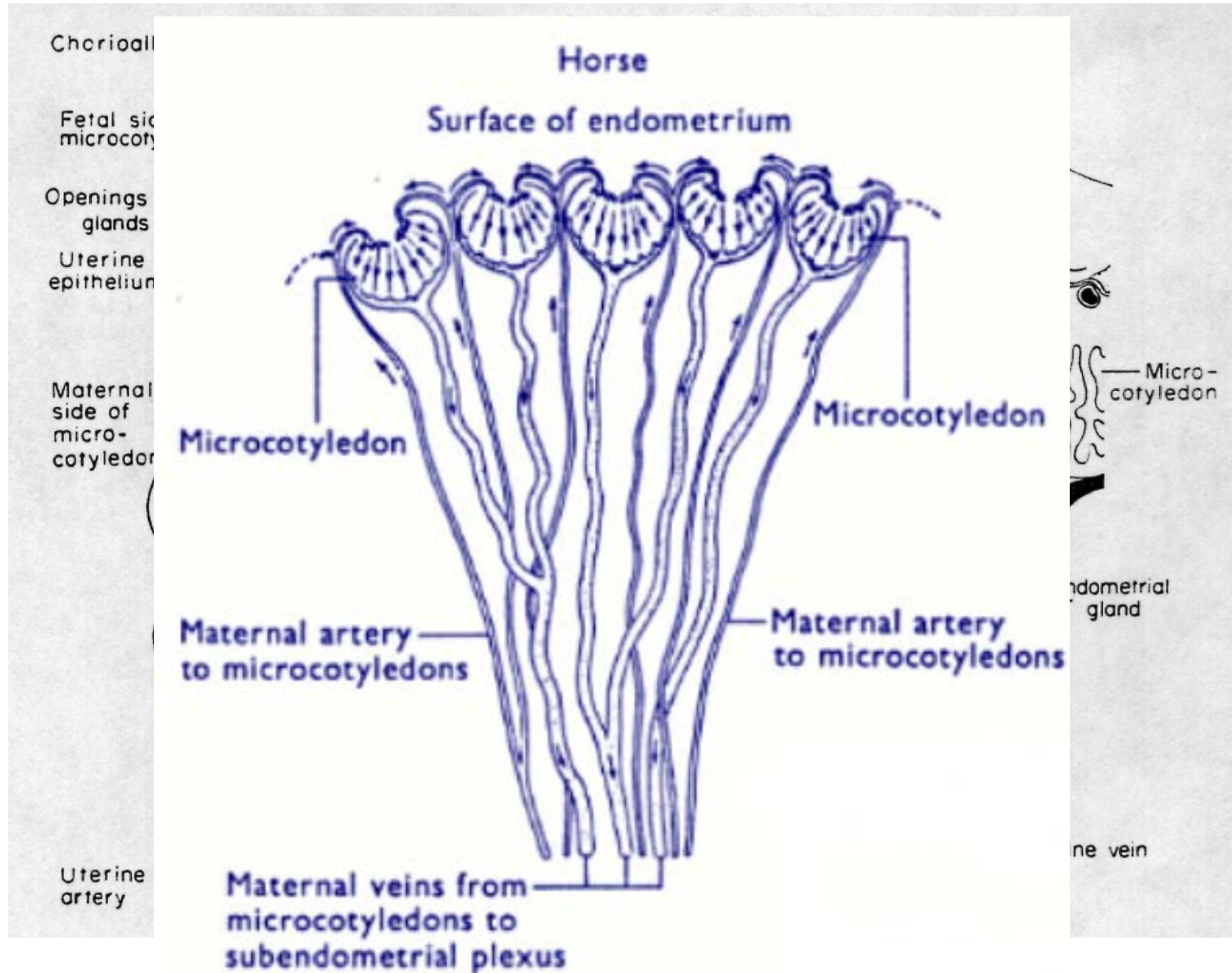
crosscurrent



countercurrent



# Equine Placentation



# Effect of Maternal Oxygen Therapy

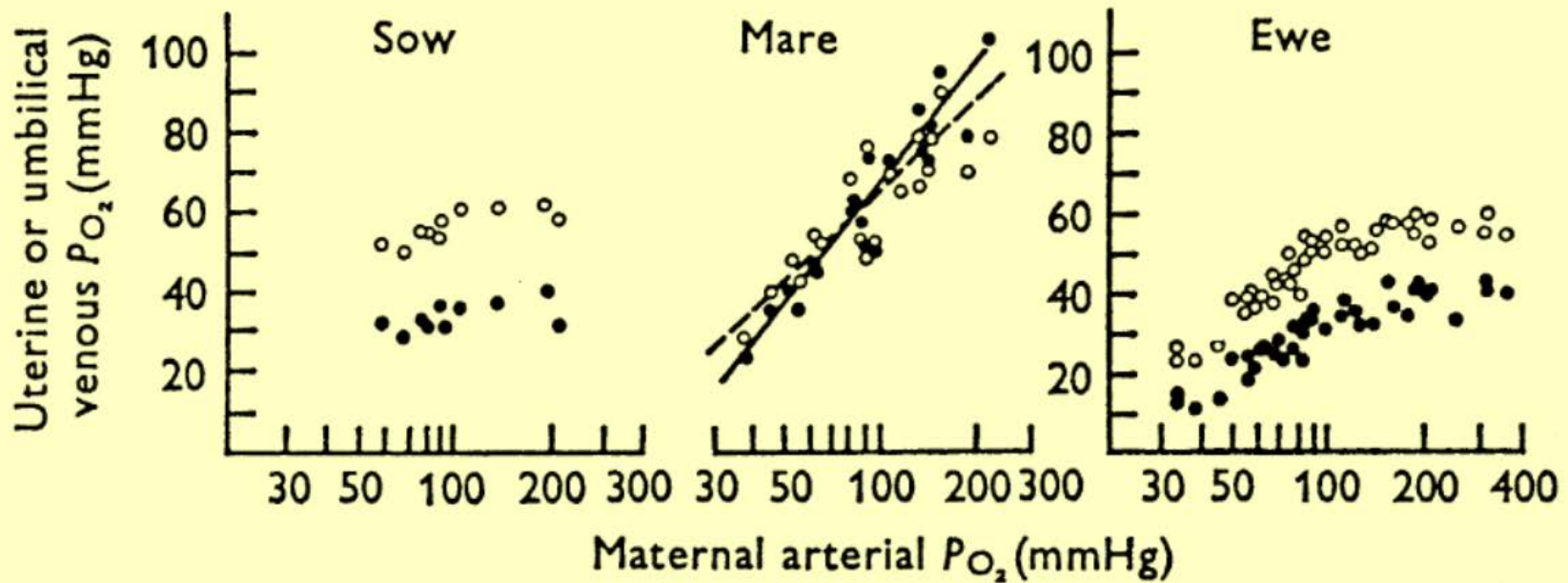


Fig. 4. The relationship between  $P_{O_2}$  in maternal arterial blood (log scale) and that in the uterine vein ( $\circ$ ) and umbilical vein ( $\bullet$ ) in seven ewes and seven mares (data from Comline & Silver 1970b), and in five sows.



# Placental Blood Gas Transport

## Fetal Blood Oxygen Affinity

Higher than maternal blood

- Umbilical blood becomes highly saturated
- Even at a low  $P_{O_2}$

Fetal Hemoglobin - in ruminants

Erythrocyte Concentration of 2,3-DPG (lower)

- Fetal pig
- Fetal Foal - small effect (2 torr)

# Fetal Resuscitation

## Lack of O<sub>2</sub> Delivery

Fetal hypoxemia - supplement with INO<sub>2</sub>

- Take advantage of the countercurrent system
- Even if normal Pao<sub>2</sub> in mare, foal may benefit
- Could be important with placental edema
- May see improved FHR parameters

# Maternal Oxygen Therapy



# Nutritional Threats

## Glucose Utilization

### The placenta

- Actively metabolic tissue
- High glucose utilized by placenta in horse
- Glucose for placenta also comes from fetus

### Maternal distress – less glucose

- More glucose delivered from fetus
- Can lead to negative net glucose transport to fetus



# IUGR

## Intrauterine Growth Restriction



# Threats to Fetal Well-being

## Nutritional Threats

### Chronic malnutrition of the dam

- Lack of intake
- Malabsorption
- Tumor cachexia

### Acute fasting of the dam

- Forced fasting
- Capricious appetite - late gestation



# Threats to Fetal Well-being

## Nutritional Threat of Acute Fasting

Fasting the mare for 30-48 hr

- Decreased glucose delivery
- Rise in plasma FFA
- Increased PG's in uterine and fetal tissues

Increased risk of preterm delivery

- Within one week of ending the fast
  - Associated with myometrial sensitivity to hormones

# Fetal Resuscitation Nutritional Threats



## Support the mare's nutritional needs

- Enteral supplementation
- Parenteral supplementation
- Encourage a high plain of nutrition

## Avoid acute fasting

- Avoid elective procedures requiring fasting
- Encourage anorexic late term mares to eat

## If acute fasting is unavoidable – colic, anorexia

- Supplement with intravenous glucose therapy
- Consider flunixin meglumine therapy



# Threats to Fetal Well-being Placentitis/Placental Dysfunction

Premature placental separation

Infection

Inflammation

Degeneration

Edema

Hydrops



# Threats to Fetal Well-being Placentitis

Percentage of abnormal placenta

Not a predictor of fetal outcome

Presence of abnormal placental tissue

Is enough to cause serious problems

Fetal foals born with placentitis

More likely to have neonatal diseases



# Fetal Resuscitation

## Placentitis/Placental Dysfunction

Treat as infectious

- Trimethoprim potentiated sulfa drugs

Try to minimize PG formation

- NSAIDs - flunixin meglumine

Hormone supplementation therapy

- Altrenogest (ReguMate)

# Threats to Fetal Well-being

## Iatrogenic Factors

- Early delivery
- Drugs

## Presence on a Twin

Other peripartum hypoxic  
ischemic asphyxial events



# Fetal Monitoring History

## Intrapartum fetal monitoring

- Rational decision to hasten parturition - C-section
- Explosive nature of parturition in the mare

## Prepartum fetal monitoring

- Allow prediction of intrauterine hypoxia and distress
- Result in effective fetal resuscitation
- Rational decision about early delivery



# Early Udder Development Precocious Lactation

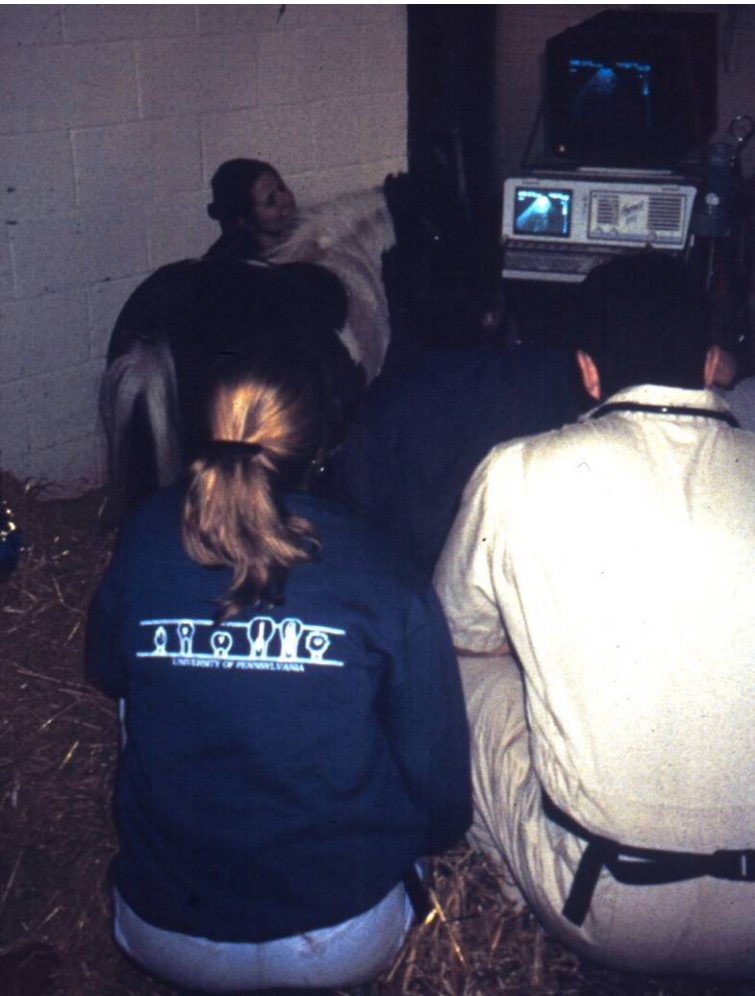
Most reliable sign of fetal distress



# Fetal Monitoring Biophysical Profile

- A collection of ultrasound derived observations
- Correlate with fetal health or fetal distress
- In man fetus with abnormal profiles
  - Clearly in trouble
- In man fetus with normal profiles
  - Usually normal
  - May have life threatening hypoxemia, other problems
- Not sensitive enough for all problems

# Fetal Monitoring Equine Biophysical Profile



Fetal heart rate

Fetal aortic diameter

Maximum fetal fluid depths

Utero-placental contact

Utero-placental thickness

Fetal activity



# Fetal Monitoring Equine Biophysical Profile

Not sensitive

- Fetus with normal profiles may be suffering from life threatening problems



❖ Not specific

❖ Occasionally extreme values in normal fetuses



Fetal Heart  
Rate Response

# Fetal heart rate measurements

## Fetal ECG



# Fetal Resuscitation If Fetus Clearly in Distress

Consider early induction, early delivery

- Oxytocin induction
- C-section



These should be considered high risk

mare

No way back

