# Resuscitation of the Critically ill Foal

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### Chester

Tb Colt

Birth date: May 7, 6 PM

Admission date: May 8, 8:53 AM

15 hours old

Chester History

Born on May 7 at 6 PM On day 338 of gestation Normal gestation Parturition - normal Placenta Edematous Meconium stained



Fetal diarrhea
Assisted to stand after 1.5 hours

Nursed

Farm manager left the barn

Foal watcher



During night Foal was never vigorous Got up once unassisted but only for short time and did not nurse Next morning Weak, inability to stand, only nursed once **Foal needed medical attention** Called her veterinarian, requesting referral Waited transport Bottle-fed Chester 8 oz. of colostrum milked from the mare

### Chester Admission 15 hours old

Arrived recumbent

required transport to the NICU

• . A rapid evaluation

Vital signs

Essential organ function

As initial therapy begun

#### Critical Neonate Admission Procedure 1<sup>st</sup> 10 minutes

#### Team approach

Vital signs and essential organ function

- Rapid physical assessment of essential organ function
- ABG/electrolyte sample
- PCV, TP, dextrose (venous and arterial)
- Blood for culture/laboratory analysis
- Indirect blood pressures recorded
- Initial therapy
  - Intranasal oxygen
  - Jugular catheter
  - Intravenous fluid administration
    - Resuscitation strong ion balanced crystalloids
    - Glucose containing fluids begun

#### Chester Vital Parameters

**Temp** 38.0C (100.4F) HR 96 bpm **RR** 24 bpm BP 88/50 (61) 91 ■ PCV 44% **TP 6.1** Venous Dextrose 44 mg/dl Arterial Dextrose 59 mg/dl Wt 54 Kg (119 lb)

Chester Essential Organ Function Injection, Icterus Oral petechiae Cardiovascular Ice cold hooves Cold lower legs **Cool nose, ears and upper legs** Weak pulses, poor arterial fill, poor arterial tone Relative bradycardia (90-96) Evidence of recent urination

### Chester Essential Organ Function

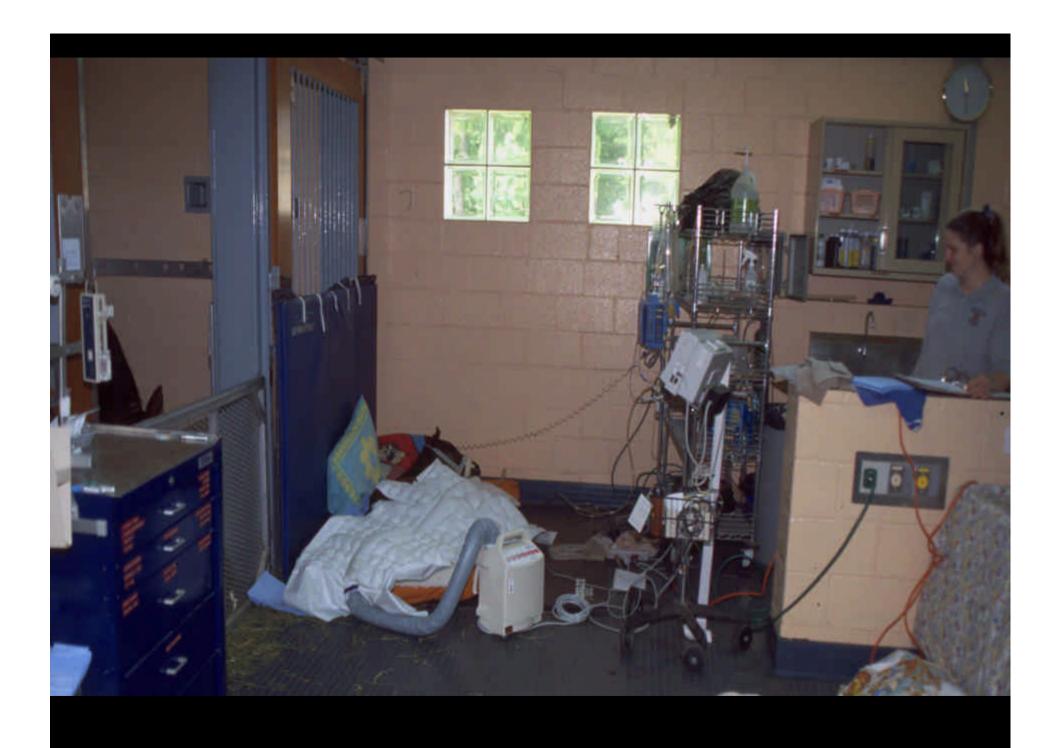
Fetal diarrhea - subsiding
CNS

Somnolent
Meaningful struggling
Arousable, responsive
Subdued

### Chester Initial Supportive Therapy

Intranasal oxygen insufflation - within 3 min

- Fluid therapy begun within 10 min
  - Dextrose 5% in water
    - Rate to deliver 4 mg/kg/min (8 mg/kg/min)
  - Balanced replacement crystalloid
    - Normisol R<sup>®</sup>
    - 20 ml/kg boluses over 10-20 minutes
    - Reevaluation of cardiovascular status
  - Plasma transfusion
    - Colloid value
    - Biologically active proteins
- Intravenous Timentin<sup>®</sup>
  - Bolus q6h
  - **CRI**



### Resuscitation of the Critical Foal

#### Critical signs

- Inconsistent or lack of nursing behavior
- Weak or develop progressive weakness
- Recumbent
- Immediate intervention
- In our practice
  - 70-80% neonates admitted < 48 hrs</p>
  - Fatal outcomes
    - **70%** die within initial 48 hrs
  - Essential for success
    - Rapid referral
    - Assessment of essential organ function
    - Immediate directed, supportive therapy
- Coordinated care delivery team

#### Resuscitation of the Critical Foal Cardiovascular Examination

Effective perfusion Macroperfusion Microperfusion Signs of hypoperfusion cold extremities pulse quality - pulse pressure arterial tone arterial fill Blood Pressure Urine output Mental status GI function

### Resuscitation of the Critical Foal Blood Pressure

Blood pressure

- Vital sign
- Measure in all critical neonates
- Technique
  - Direct
  - Indirect
    - Oscillometric technique
    - Minimize errors
      - Cuff size
      - Cuff placement
      - Measure during a quiet or sleep state
      - At least 3 measurements
      - Mean value is least likely erroneous

#### Resuscitation of the Critical Foal Blood Pressure

Blood pressure is related to perfusion
 Flow ≈ pressure/resistance
 Objective numbers are obtained
 Used as a surrogate for perfusion
 Dangerous assumption

 Changing peripheral resistance

### Blood Pressure Neonate Transition State

#### From a low pressure fetal circulation

- Low systemic blood pressure vital for fetal physiology
  - Low precapillary tone
  - Low baroreceptor set point
- To a normal pressure pediatric circulation
  - Near birth
    - Increase peripheral resistance increase in precapillary tone
    - Increase in blood pressure to maintain tissue perfusion
      - Shift in baroreceptor sensitivity
      - Progressive increase in BP matching the increase in peripheral resistance
  - Begins before birth, slowly progresses during neonatal period
    - Most evident during the first week of life
    - Transition does not proceed simultaneously in all tissues

#### Resuscitation of the Critical Foal Blood Pressure

- Normal blood pressure values a moving target
  - Normal neonatal foal with good perfusion
    - **59/35(45)**
  - Another may have hypoperfusion (shock)
    - **73/55(61)**
  - Low BP should not be treated alone
    - Unless there are coexisting signs of hypoperfusion
      - Cold extremities
      - Poor arterial pulses, fill and tone
      - Oliguria
      - Metabolic acidosis
      - Organ hypoperfusion

#### Resuscitation of the Critical Foal Blood Pressure

 BP numbers should not be given more weight in directing therapeutic interventions than any other physical examination finding

### Resuscitation of the Critical Foal Initial Therapeutic Interventions

Insuring tissue oxygen delivery

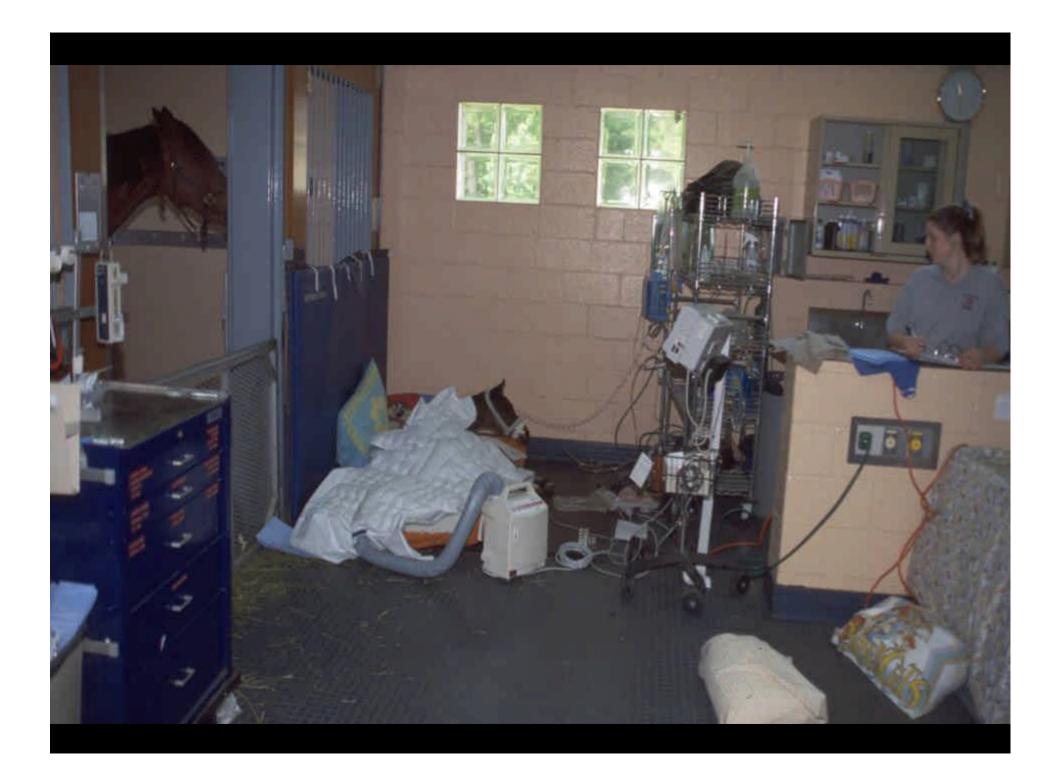
- Maximizing pulmonary loading of hemoglobin
- Guaranteeing sufficient blood oxygen content
- Returning perfusion to normal
- Intranasal oxygen insufflation
  - Immediately, before ABG results
  - ABG
- Blood oxygen carrying capacity
  - Birth changes in PCV
  - Anemia
    - PCV < 20% trigger point, sliding trigger</p>
  - Hemoglobin based blood substitutes
    - Significant chance adverse effects
    - Microcirculation key to survival

# Chester Fluid Therapy

- Intravenous line established < 10 min
  - **BP 88/50 (61) 91**
- Normisol boluses 1 l over 10 min
  - Reassess signs
  - BP 65/45(50)
- Total of 5 liters (90 ml/kg) + 1 l of plasma 110 ml/kg
  - Temp gradient periphery to core decreased
  - Nose, ears and upper legs were warm
  - Lower legs cool and hooves cold
  - No urine
  - Minimally responsive
  - Pulses moderately strong, good arterial fill, poor arterial tone
  - BP was 58/35(45)

# Chester Inopressor Therapy

Dobutamine CRI 10 µg/kg/min. Leg temperature improved but still cool other signs not changed BP was 69/35(48) Vasopressin CRI 0.5 mU/kg/min. Hooves and legs were warm Peripheral pulses strong Excellent arterial fill, very good arterial tone BP 75/40(55) Sternal recumbency, head up, vocalized Began to urinate



# Resuscitation of the Critical Foal Inopressor Therapy

Adrenergic agonists

Dopamine

Dobutamine

Norepinephrine

Epinephrine

Physiologic doses vasopressin

- Physiologic doses of corticosteroids
- Naloxone

NOS blockers (methylene blue)

# Resuscitation of the Critical Foal Inopressor Therapy

Pharmacologic doses of adrenergic agonists
Increase in perfusion
Increase in the maldistribution of that perfusion
Goal

Return perfusion to minimally acceptable levelsNot achieve normal or supranormal perfusion

# Resuscitation of the Critical Foal Vasopressin

#### Septic shock

- Vasoplegia
- Vasopressin deficiency
- Death
- Vasopressin replacement therapy
  - Returns responsiveness to adrenergics
  - Reverses vaspolpegia
- Vasopressin receptors
  - V1 vascular receptor
  - V2 renal receptor
  - V3 pituitary receptor
  - OTR oxytocin receptor
  - P2 purinergic receptors

# Resuscitation of the Critical Foal Vasopressin

Vasopressin in low, physiologic doses

- Refractory vasodilatory shock states
  - Restore vascular tone
  - Potentiation of endogenous and exogenous vasoconstrictors
- Directed perfusion
  - Selective vasoconstriction
  - Selective vasodilation
- Supporting increase in cardiac output
  - Inotropic effect
  - No chronotropic effect minimizing O<sub>2</sub> consumption
- Vasopressin in larger doses
  - Negative cardiac effect

# Resuscitation of the Critical Foal Vasopressin

Dose used in foals
 0.25-1.0 mU/kg/min

Chester **Dextrose** Therapy Glucose levels on admission Venous glucose 44 mg/dl Arterial glucose 59 mg/dl **5%** *dextrose in water* 259 ml/hour - 4 mg/kg/min Within an hour - blood glucose 74 mg/dl Within 2 hours – blood glucose 89 mg/dl 10% dextrose - 8 mg/kg/min

# Therapeutic Interventions Dextrose Therapy

All compromise neonates

- will benefit from exogenous glucose support
- Blood dextrose levels
  - Not a gas gauge
  - summation of glucose mobilization and glucose utilization

Placenta transfer rate of glucose

- Between 4 and 8 mg/kg/min.
- Fetal blood level 50-60% of maternal

# Therapeutic Interventions Dextrose Therapy

Fetal distress

- Develop active glucogenesis
- Born with a high resting glucose
- Normal fetus
  - Born before glucogenesis begins
  - Birth blood glucose 25-45 mg/dl
  - Continues to drop for the first 2-4 hours
- Neonate suffering from perinatal disease
  - Not make the transition to glucogenesis
  - Hypoglycemic
- Chester at 15 hours hypoglycemic

Chester **Glucose** Intolerance Chester became hyperglycemia on 8 mg/kg/min glucose Blood glucose levels 6 hr - 176 mg/dl 12 hr - 225 mg/dl 18 hr 326 mg/dl Glucosuria 500-1000 mg/dl CRI of regular insulin

# Therapeutic Interventions Glucose Intolerance

- Failure to adapt to the exogenous glucose load
- Glucose regulation
  - Not needed in fetus
  - Transition at birth
  - Exogenous glucose therapy
    - Spare endogenous reserves prevent catabolism
    - Glucose intolerance
      - Neonate may continue glucogenesis despite exogenous glucose
      - Glucose administration in excess of utilization insulin problem
      - Iatrogenic glucose overload calculation errors or bolus therapy

# Therapeutic Interventions Glucose Intolerance

#### Dangers of moderate hyperglycemia

- Without an insulin response
  - Cellular dehydration,
- Glucose diuresis
  - Fluid and electrolyte wasting
- Advantages of mild hyperglycemia
  - Neonate develop its own innate insulin response
- Dangers of mild hyperglycemia
  - Glucose and insulin have many modulating influences
  - Tight glucose control intensive insulin therapy
  - No studies in pediatrics or neonatology
  - Should we use tight glucose control?

# Therapeutic Interventions Insulin Therapy

Continuous infusion of regular insulin Respond to surprisingly low insulin levels suggesting insulin deficit Not resistance Dose 0.00125-0.2 u/kg/hr Began at 0.0025 u/kg/hr Double rate every 4 to 6 hr if > 0.04 u/kg/hr more slowly Special care in preparing and delivering

# Resuscitation of the Critical Foal Lactate

Origin of lactic acid Traditionally linked to Oxygen debt Magnitude of hypoperfusion Severity of shock Therapy focused Tissue hypoxia Hypodynamic shock Organ ischemial

#### Resuscitation of the Critical Foal Lactate

#### Other sources

- Hypermetabolism without lack of oxygen
  - Aerobic glycolysis (from epinephrine)
  - Protein catabolism
- Increased muscle activity (shivering)
- Decreased lactate clearance
  - Liver failure
  - Liver hypoperfusion
- Inhibition of pyruvate dehydrogenase
  - Thiamine deficiency
  - SIRS (secondary to cytokine enzyme inhibition)
- Activation of inflammatory cells
  - ARDS
  - Liver failure
  - NEC
- Placenta source

# Resuscitation of the Critical Foal Lactate

Increased lactate

- Sign of the critical state of the neonate
- Cannot be equated to poor perfusion and anaerobic metabolism
  - One possible cause
  - Correcting hypoperfusion is vital
  - Super resuscitation in pursuit of normalizing lactate
    - More harm than good
- Multiple reasons for an elevated lactate
  - During different disease stages causes have different importance
- Lactate clearance
  - Important in predicting survival
  - Absolute lactate value not as important
- Chester's Lactate Clearance
  - **1** hour 25%
  - 10 hrs > 60%
  - 24 hr 75% clearance to 1.6 mmol/l

#### Chester Initial Hospital Course

4 hours

Cardiovascular status – good perfusion
 Responsive to his environment
 Sternal recumbency

Hold his head up and look around

#### Chester Neonatal Encephalopathy

4.5 hours
Respiratory effort decreased
Apneustic breathing (breath holding)
Progressive hypercapnic acidosis

Pco2 = 82.3 torr, pH = 7.284

Treated with caffeine (10 mg/kg - oral)
6 hours
Pco2 = 62 torr, pH = 7.354

#### Chester Neonatal Encephalopathy

10 hours

Apneic respiratory pattern

40 second apneic period
Cluster breathing in-between

Simultaneously

Pco2 = 85 torr, pH = 7.276

Second dose of caffeine
12 hours
Pco2 = 45.0 torr, pH = 7.451

#### Neonatal Encephalopathy

- Respiratory centers are a common target
- Abnormal respiratory patterns
  - Central tachypnea
  - Apneusis
  - Periodic apnea
  - Cluster breathing
  - Ataxic breathing
  - Cheyne-Stokes breathing
- Central hypercapnia
  - Independent of abnormal respiratory patterns
  - Caffeine
  - Mechanical ventilation.

#### Chester Neonatal Encephalopathy

#### 12 hours

- Periods of somnolence and nonresponsiveness
- Apneic respiratory pattern with cluster breathing
- **Facial nerve paresis** 
  - right ear lower and slower to respond
  - ears are not synchronized

*21 hours* 

Seizure-like activity

Opisthotonus

- Tonic/Clonic marching activity
- Treated with intravenous phenobarbital

#### Chester Neonatal Encephalopathy

#### *27 hours*

- Chester was again hypercapnic
  - Pco2 = 74.7 torr, pH = 7.313
- Treated with a third dose of caffeine
- **2**9 hours
  - Pco2 = 84.6 torr, pH 7.269
  - Placed on a volume cycled positive pressure partial ventilatory support
    - SIMV/PS
    - Easily ventilated
    - *pH* = 7.401, *Pco2* = 53.8 torr, *Po2* = 95.7 torr,
    - HCO3 = 33meq/l, BE +8.3, SAT 99.0%, O2 Cont = 14.4,
    - alveolar dead space ventilation of 10.4%,
    - peak airway pressure 24 cm H2O and plateau pressure of 18 cm H2O
    - Weaned from the ventilator 48 hours later.

#### Chester Summary of Problems

STORTSTORY

#### Bacteremia/Sepsis

- Admission blood culture *Pantoea agglomerans*
- Neonatal Encephalopathy
  - HD 9 nursing mare
  - HD 18 resolved.
- Neonatal Enteropathy
  - HD 10 dysmotility, not passing fece
  - HD 19 complete resolution
  - Neonatal Nephropathy
    - Glucosuria
    - Slow drop in plasma creatinine, rising creatinine
    - High F<sub>xNa</sub>
    - **HD 18** resolved.
- Other problems
  - Urachitis, hepatomegaly
  - Linear dermal necrosis, patent urachus
  - Angular limb deformity.



#### Sick Cell Syndrome

Foal: Wishful
Warm Blood filly
DOB: March 25 1 AM
Admission Date: March 25 11:25 AM
10 hours old

### Wishful History

Born at 1 AM on March 25 **Foal began to breathe with nostril flaring** As soon as the nostrils cleared the canal Stage II 10 minutes Foal was pulled Stage III Placenta came with the foal Placental horn retained Foal "appeared slow" From the beginning...but normal Able to stand with help Not searching the mare Became weaker Developed periods of somnolence

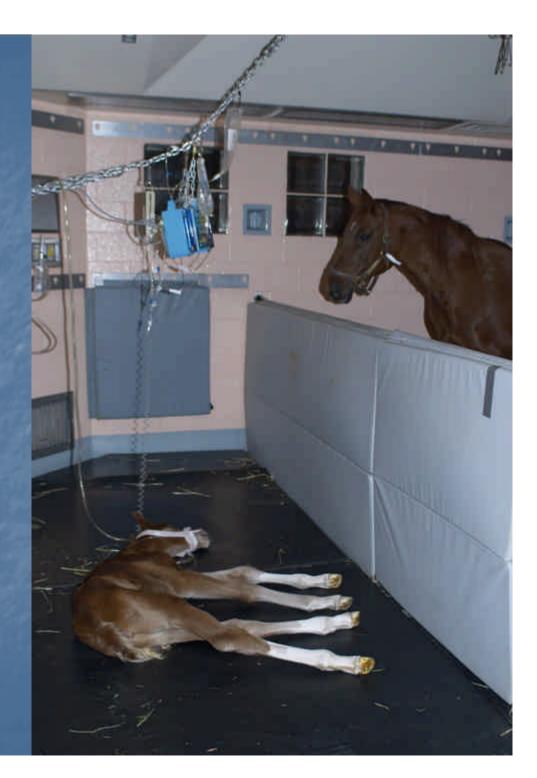
#### Wishful Admission

Recumbent on arrival

- Transported to the NICU
- Rapid assessment of essential organ function
  - Severe sepsis
    - Poor pulse quality
    - Cold legs and ice cold hooves
    - Temperature 99.6
      - dropped during initial hospitalization 97
    - HR 104 bpm
    - RR 18 bpm,
    - BP 73/30(37)

#### Wishful Admission

Rapid, directed interventions Treatment of shock  $\blacksquare INO_2$ Crystalloid boluses Responded after 3 X 1 liter boluses BP after fluids 90/58(65) PE – good perfusion



#### Wishful Admission

Further examination after initial resuscitation

- Bilateral entropion
- Extreme scleral injection
- Oral drying injuries
- Pseudopetechia
- Moderate coronitis
- Normal body condition
- Neonatal skin wrinkling
- Normally responsive
- Searches, inducible suckle
- *Can stand with support with good balance*
- Somnolent periods

#### Wishful Initial Laboratory Analysis

PCV = 50
TP = 7.4
Fibrinogen = 370 mg/dl
WBC = 7000
Segs = 5110
Bands = 210
Lymphs = 1680



# Wishful **Initial Laboratory Analysis** Venous Dextrose = 20 mg/dl $\blacksquare BUN = 24 mg/dl$ Total Ca = 16.38 mg/ml *Ca++ = 6.84 mg/dl* ■ Mg++ = 2.79 mg/dl IgG = 776 mg/dlTotal Bili = 4.5 mg/dl

#### Wishful Initial Laboratory Analysis

Value	Adm	1 hour
рН	7.251	7.305
Pco2	47.3	50.2
Po2	64.0	285
HCO3	20.9	25.1
BE	- 5.8	-0.9
SAT	94.5	100
Cont	17.9	15.9
Lactate	14.9	10.0
	RA	10 lpm

### Wishful Initial Laboratory Analysis

Value	Adm
Na	115
К	7.33
Cl	72
Cr	28
AST	657
СРК	3012



### Wishful

- Major finding
  - Hyponatremia
  - Hypochloremia
  - Hyperkalemia
- Magnitude of changes
  - May require urgent intervention
  - Vital to understand the origin of the abnormalities
    - Direct rational therapy
    - Wrong choices severe consequences
    - Many clinicians assume ruptured bladder
      - easily rule out
      - age
      - lack of fluid intake

#### Hyponatremia

- Spurious Hyponatremia
- Dilutional Hyponatremia
  - Ruptured bladder
  - Fenestrated ureters
  - Renal failure
  - Delayed renal transition from fetal to neonatal physiology
  - Water overload
- Depletional Hyponatremia:
  - Diarrhea
  - Sodium wasting nephropathy
  - Diuretics
- Redistribution Hyponatremia
  - Other osmoles in the blood
    - Hyperglycemia
    - Iatrogenic addition of osmoles (e.g. mannitol)
    - Sick Cell Syndrome

#### Wishful Hyponatremia

- Spurious hyponatremia
- Dilutional hyponatremia
  - No intake since birth
- Depletional hyponatremia
  - Not begun to urinate
  - Has not past meconium yet
- Redistribution hyponatremia
  - Water diluting Na come from cells
  - Some osmolyte other than sodium
    - Drawing water from cells
  - Source of osmoles?
  - *Hypoglycemic*
  - Not received exogenous substances
  - Presence of endogenous osmolytes
    - Leaked from cells

#### Wishful Hyponatremia

- Significant therapeutic implications
  - No sodium deficiency
  - Not water overloaded
  - Not hyposmotic
    - May be hyperosmotic
- Don't give sodium
- Don't induce an unsupported diuresis

# Hyperkalemia

Mechanisms High intake Dietary Parenteral Blocked excretion Must have continued intake Leak from cell Wishful No intake Must be cell leak

#### Sick Cell Syndrome

Global loss of integrity of cell membranes

- Acute, severe hypoxic ischemic insult
  - Globally affect cells
  - Loss of cell wall integrity
    - Transient or permanent
    - Allowing solutes to leak
    - Drawing fluid with them
    - Dilution of extracellular sodium
  - Redistribution hyponatremia
    - Osmolar Gap (OG)
      - Unmeasured osmolytes
      - $OG = Osm_m Osm_c$
      - $Osm_m = (2X [Na]) + (glucose/18) + (BUN/2.8)$
      - BUN not part of effective plasma osmolarit

### Sick Cell Syndrome

OG > 10 mOsm osmoles other than Na or glucose Associated with MODS High fatality rate What are the osmoles? Organic phosphate Pyruvate Lactate Amino acids,

Unidentified middle molecular weight substances

### Wishful Initial Laboratory Analysis

Value	Adm
Na	115
Κ	7.33
Cl	72
Cr	28
AST	657
СРК	3012
Osm <sub>m</sub>	312
Osm <sub>c</sub>	240
Osm Gap	72

#### **Regulatory Volume Decrease**

Another explanation Regulatory Volume Decrease (RVD) Fluid overloaded cells All mammalian cells Protective mechanism Limits cell swelling Reasons cells swell Hyponatremia Hyposmotic interstitium Initial stages of hypoxic ischemic insults

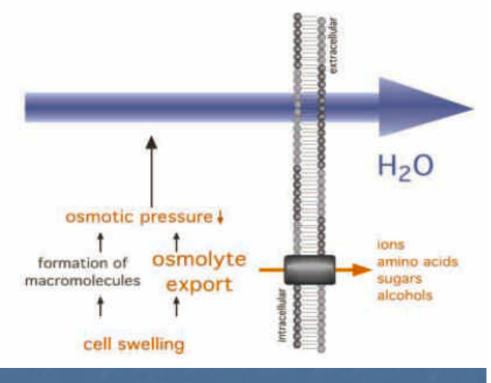
Hyperosmotic cell interior

#### Regulatory Volume Decrease Mechanism

Voltage-independent, volume-sensitive channels

- Activated by cell swelling
- Allow outflow of
  - K+
  - CI-
  - Amino acids
  - Other organic molecules
- Water follows
  - restoring cell volume.

#### REGULATORY VOLUME DECREASE



#### **Redistribution Hyponatremia Neonatal Foals** Both SCS and RVD are involved Mild insults Compromise cellular function Allow fluid to leak RVD - protective mechanism More severe damage Initially result in RVD Evolve into SCS

#### Sick Cell Syndrome

#### Other cell constituents also leak

- K+ leak
  - Both RVD and SCS
  - High intracellular levels of K
  - Mild increase in efflux globally
    - Increase plasma K levels significantly
- CPK
- AST

#### utcome

- About 60% of SCS cases do not survive
- Identification of SCS guarded to poor prognosis.

#### Sick Cell Syndrome Therapy

- Don't treat hyponatemia
  - Not sodium deficit
    - Osmolarity high normal
  - Not water overload
- Hyperkalemia
  - If ECG changes
    - Mg
  - Enhance cell entery
    - Insulin/dextrose
    - B<sub>2</sub> adrenergic
      - Albuterol
    - Na HCO<sub>3</sub> not recommended
  - Enhance excretion
    - Osmotic diuresis
      - Support
    - Furosemide
    - GI t

# Wishful Outcome

Value	Adm	HD 2	HD 3
Na	115	126	132
К	7.33	4.26	4.76
C	72	87	96
Cr	28	9.24	1.74
AST	657	781	534
СРК	3012	625	74
Osm <sub>m</sub>	312	312	295
Osm <sub>c</sub>	240	270	275
Osm Gap	72	43	20

#### Wishful Outcome

- Intrauterine Insult catabolsim, SIRS
   Sepsis
  - High fibrinogen, left shift
  - Inject, icterus
  - Shock, increased lactate, acidosis
  - Admission blood culture
    - Flavobacerium
- Neonatal Encephalopathy
  - Inconsistent nursing behavior
  - HD 6 nursing from mare

